

## ANGER...

### HOW DO WE HANDLE IT?

*"Be angry but do not sin." (Ephesians 4:26)*

Anger is an emotion that everyone experiences. Expressed and used in Godly ways it can be a wonderful motivator. Expressed in ungodly ways it can become life-controlling with devastating consequences.

This helpful course is for all those who struggle with anger. The foundational teaching identifies the specific roots of anger, whilst the practical teaching on Godly expression of anger shows how to bring this most powerful of emotions back under Godly control.

Because many people have problems with anger, the teaching on this course will also be beneficial to those in the caring professions as well as to those involved in prayer ministry to others.

*"Opened up my understanding of anger as an emotion and as a behaviour and gave me hope for change."*

*"The Lord has taught me exactly where I've been going wrong in handling my anger and has filled me with His peace - Hallelujah!"*

**6-8 June 2008**

*(Friday 7.30pm - Sunday 4pm)*

At Ellel Ministries Netherlands, Baak, The Netherlands

Short Course



Netherlands

# Overview

The course starts with a Biblical perspective on anger and then goes on to cover:

## THE CAUSES OF ANGER

Looks at some of the causes of anger such as injustice, betrayal and failure. Explains how rejection and unhealed areas of wound-ing can become emotional reservoirs feeding anger. The course also examines the role and influence of demonic anger.

## HOW WE HANDLE AND EXPRESS ANGER

How we can deny and bury our anger or perhaps choose to avoid or ignore it. Attitudes and behaviour that are symptomatic of anger-problems are explained.

## THE GODLY EXPRESSION OF ANGER

The need to express anger is explained. Godly practical ways in which this can be achieved are contrasted with wrong ways of releasing anger.

## MAINTAINING A HEALTHY APPROACH TO ANGER

Examines ways in which we may need to change our attitudes and behaviour. Includes practical advice on living with an angry parent or spouse and how to handle an angry child.

*"The use of real-life examples was especially helpful and encouraging. The biblical teaching was powerful and enlightening."*

Short Course

## Booking Form

Full Name (Mr, Mrs, Ms, Miss, Rev, Dr)		<input type="checkbox"/> Male <input type="checkbox"/> Female
Address	Town/City	
Post Code	Country	
E-mail	Tel	

## ACCOMMODATION CHOICE

(prices include tuition fee, all main meals and 2 nights bed and breakfast as below)

- Single Room € 275,-       Shared Room € 200,-  
 Double Room € 225,-       Shared Room for Students € 110,-  
 Non-residential € 155,-

Do you need translation into Dutch?

- No  Yes

(All prices are per person)

Cancellation

If you cancel at least fourteen days before the start of the course 80% of you fees will be refunded. After that no refund will be given.

## METHODS OF PAYMENT

- VISA  Mastercard  Switch  Maestro  Solo  Electron

Card No		Issue No. *
Valid from	Expiry Date	CV2**

\*Debit card Only \*\*Last 3 Digits on Signature strip. Please supply cardholder's name & address if different from above.

Tick here if you do not wish to receive mailings informing you about the work of Ellel Ministries.

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